

What's on at The **Westway**



**May and
June 2026**


**Activities for all ages
and abilities**



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www.thewestway.org



[thewestwaycentre](https://www.facebook.com/thewestwaycentre)



the
westway
a community hub for all

Charity Number: 1188850

What's on this May and June

As the days become brighter and warmer, we are thrilled to announce a diverse array of events, activities, and opportunities for all to enjoy at our community center. With family-friendly gatherings, engaging workshops, fitness classes, social clubs, and special community celebrations, there is something for everyone, regardless of age or interest. Whether you're eager to try something new or make new friends, we warmly invite you to join us and experience the vibrant energy and spirit that make The Westway truly unique.

Save the Dates for May and June. The **Caterham Carnival** is coming to town! Be sure to participate in our **carnival costume workshops** on **May 16th, 23rd, and June 6th**, where you can design your very own costume. Join us for the **Street Party** on **May 31st** and catch our procession and stall at the **Caterham Carnival** on **13th June**. We will also be at the **Westway Family Fun Day**, on **20th June** offering an afternoon of music. Stop by our various stalls and say hello!.

The Westway Team

Please note the programme may be subject to changes. Please check our Facebook page for up to date information. There will be increased charges in July/August, please check the upcoming programme for more information.

Become a Westway Hub Member

Why not become a member of The Westway Centre? By joining our community, your support enables us to continue serving our brilliant community, whilst also giving you access to a range of free classes and activities, that you otherwise would have to pay for. You can pick up a membership form from our reception team, or subscribe online in just a few clicks.

Together, we can keep The Westway thriving for all.



12 Months:

£60

Six Months:

£35

Various payment methods accepted

There may still be additional charges for certain activities. Please refer to the monthly programme for extra information.

Donate to The Westway Hub? It's easy

Every contribution makes a difference. Donations help The Westway continue supporting our local community through activities, events, and vital services, ensuring we remain a welcoming space for everyone.

If you'd like to give, simply scan the QR code or contact us to arrange a cash or cheque donation.

Your kindness and generosity are always appreciated.



What's on at the

Westway

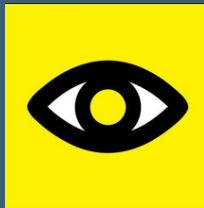


May 2026

MACULAR SOCIETY

Friday 8th May 2.00pm-4.00pm

The Macular Society will hold a monthly meeting at The Westway, featuring a guest speaker, Jenny Merritt from Age UK Surrey. We invite you to join us and listen to their insights.



REPAIR CAFE

Saturday 9th May 10.30am - 1.00pm

The Repair Café is a pop in where people fix broken items run by volunteers. It promotes sustainability by reducing waste and sharing repair skills. Donations are welcome.



SUNDAY LUNCH **M: £10 NM: £15**

Sunday 10th May 1.00pm-3.00pm

Join us for a delightful Sunday lunch with fantastic food and great company.



COSTUME WORKSHOPS

Saturday 16th and 23rd May 10:30 AM - 12:00 PM

Join us for exciting costume-making workshops for the Caterham Carnival. Whether you're experienced or a beginner, design and craft your unique costume. Enjoy a fun experience with fellow enthusiasts and create something extraordinary.



SALLY ANNE'S FILM NIGHT

Mrs Harris goes to Paris

20th May, 7.00pm-9.00pm



Join us for a magical evening filled with laughter, snacks, and the joy of a wonderful movie together.

STREET PARTY

Sunday 31st May

From 1.00pm onwards



Visit our stall at The Caterham Street Party on the Highstreet on Sunday 31st May to find out more about the Westway and our latest activities.

Don't miss out on the chocolate tombola.

BOOK YOUR PLACE TODAY

01883 347230

info@thewestway.org

**Or, just pop in
& book**

What's on at the

Westway



June 2026

COSTUME WORKSHOP

Saturday 6th June 10.30am-12.00pm

Join us for costume making sessions for the Caterham Carnival. Come and create your own unique design to truly shine in the crowd.



MACULAR SOCIETY

**Friday 12th June
2.00pm-4.00pm**

The Macular Society will hold a monthly meeting at The Westway, featuring a guest speaker. We invite you to join us and listen to their insights.



REPAIR CAFE

Saturday 13th June 10.30am-1.00pm

The Repair Café is a pop in where people fix broken items run by volunteers. It promotes sustainability by reducing waste and sharing repair skills. Donations are welcome.



WESTWAY AT THE CATERHAM CARNIVAL

Saturday 13th June 1pm onwards

Join us at 12.15pm at on Queens Park Road to view our creations from the costume workshops showcased in a spectacular procession. Don't forget to visit our Westway tent situated on the left side of the arena and enjoy tea, coffee, and light snacks.



SALLY ANNE'S FILM NIGHT - The Dress Maker

**Wednesday 17th June 7.00pm-
9.00pm**

Join us for a magical evening filled with laughter, snacks, and the joy of a wonderful movie together. You don't need to be a member to pop in and join us. All welcome.



WESTWAY FAMILY FUN DAY

**Saturday 20th June
2.00pm-5.00pm**

Enjoy a musical afternoon with workshops to explore various instruments such as trumpets, wind chimes and see if you can become a budding musician! You may even have an opportunity to perform with one of bands Prospero, Rewind Band, Westway Singers, and the East Surrey Drummers. At 5.00pm there will be a grand finale of musicians. Don't miss it!



BOOK YOUR PLACE TODAY

☎ 01883 347230

✉ info@thewestway.org

**Or, just pop
in!**

Save the Date

**GIN FESTIVAL
Saturday 11th July
2.30pm-6.00pm**



Westway Exercise

Taking steps toward a healthier, happier you.

The Westway Exercise Programme aims to empower and breakdown barriers that affect general health and wellbeing, whilst also promoting social inclusion. If you are thinking about taking a step into improving your wellbeing, why not look at our options below?

ACTIVITY	ABOUT	DAY	TIME	COST
Paracise	Join us for a gentle, standing exercise class designed to improve mobility, flexibility and balance. Participants are encouraged to move at their own pace to uplifting music!	Monday	Two Classes: 9:00 & 10:00	M: £1 NM: £5
Chair Exercise with Tara	If standing or walking is difficult, exercise can still be enjoyable and accessible. Our chair-based exercise class uses gentle movements set to music. It is a great way to stay active, have fun, and move at your own pace. Come along and give it a try.	Monday	11:00am - 11.45am	M: £1 NM: £5
Seated Exercise	Enjoy a gentle seated workout to music, focusing on your core. Two classes are available at 9:45am and 10:45am.	Tuesday	Two Classes: 9:45am & 10:45am	FREE FOR MEMBERS NM: £3
Boccia	Boccia is a fun, indoor game similar to bowls, played with soft leather balls. No experience needed, and can play seated.	Tuesday	1.15pm- 3.00pm	FREE FOR MEMBERS NM: £3
Short Mat Bowls	Short Mat Bowls is an indoor sport that closely resembles indoor bowls and is played with soft leather balls. It offers a great deal of fun and can even be played while seated.	Wednesday	1.15pm -3.00pm	FREE FOR MEMBERS NM: £3
Line Dancing	Join our fun and lively Line Dancing Class and pick up a new skill that will have you dancing with flair! No experience needed. Just bring your smile and enthusiasm.	Thursday	10:30am - 11.30am	MEMBERS: £5 NM: £7
Jive	Whether you're a beginner or an experienced dancer, you'll love our weekly Jive Class! Come solo or bring a partner, there's always someone to dance with. All abilities are warmly welcome.	Friday	12:00pm -1.30pm	MEMBERS: £5 NM: £7
Pilates	Pilates focuses on building strength while improving posture, balance and flexibility, supporting both your fitness and overall wellbeing.	Friday	1.45pm -2.45pm	MEMBERS: £7 NM: £10
Tai Chi	Tai Chi is an ancient Chinese exercise featuring slow, purposeful movements that improve balance, flexibility and muscle strength. It can also enhance core stability and help reduce back pain.	Friday	4.30pm - 5.30pm	MEMBERS: £5 NM: £7

M: Member NM = Not a member of The Westway

Westway Entertainment

Fun, Feel good sessions designed to spark joy and connection

The Westway Entertainment Programme aims to inspire creativity, nurture self-expression and provide opportunities for you to explore the arts in a supportive and inclusive environment. If you are ready to try something new or discover a hidden talent, why not take a look at the activities below.

ACTIVITY	ABOUT	DAY	TIME	COST
Music With...	Join us for an afternoon of live music, singing, dancing and plenty of fun where everyone is welcome!	Monday	1.15pm - 3.00pm	FREE TO MEMBERS NM: £5
Bingo	Join us for a fun filled game of bingo! A great way to meet new people and enjoy a lively afternoon together!	Monday Please check dates in Programme	1.30pm - 3.00pm	£1 FOR ALL
Music in Mind	Music with a guitar and a chance to relax and singalong.	Wednesday	10.30am - 11.45am	FREE TO MEMBERS NM: £3
Everybody Sing	Join us for an evening musical evening filled with singing, laughter, and much more.	Wednesday	5.00pm - 6.30pm	FREE TO MEMBERS NM: £2

Westway Craft

Friendly, welcoming craft sessions that encourage creativity and self expressions

The Westway Craft Programme is all about learning, growth and confidence. From developing everyday skills to exploring new interests, these activities are designed to help you take the next step at your own pace.

ACTIVITY	ABOUT	DAY	TIME	COST
Crafty Coffee Beans with the Salvation Army	Bring your knitting, craft or artwork, have a cuppa and relax with friends new and old.	Tuesday	10:00am - 11.30am	FREE TO MEMBERS NM: £3
Art For All	An art class for all levels! Explore new techniques or simply enjoy the creative atmosphere.	Tuesday	1.00pm - 2.30pm	MEMBERS: £7 NM: £10
Sewing Group	An opportunity to sew together, friendly advice, chat and support your project. Feel free to bring your own material.	Every Third Friday	2.00pm - 4.00pm	£2 FOR ALL
Flower Arranging	Join us for a flower arranging class and unleash your creativity.	Please check dates in Programme	1.00pm - 2.30pm	MEMBERS: £7.50 NM: £10

Westway Wellbeing

Wellbeing activities to support relaxation, happiness and connection

The Westway Wellbeing Programme is dedicated to enhancing the overall wellbeing of our community by promoting unity and connection. Whether you're meeting new people, or catching up with a familiar face, there is always a warm welcome waiting at The Westway.

ACTIVITY	ABOUT	DAY	TIME	COST
Cooking Club	Join us for a fun, hands-on cooking session and learn to make tasty meals to take home and enjoy!	Wednesday	1:00pm -2.00pm	MEMBERS: £3 NM: £5
Gardening Club	Join our Gardening Club and help make The Westway bloom into a vibrant space for everyone to enjoy!	Wednesday	1.30pm -3.00pm	FREE FOR ALL
Alison's Wellbeing social	A supportive community designed for women who are experiencing anxiety or depression. We come together in a small group to offer encouragement and help one another.	Wednesday Please check dates in Programme	2.00pm- 3.00pm	FREE FOR ALL
Jane's English Language Group	Jane's is a session for anyone for whom English is not their first language. Over a cup of tea, this supportive group will help to improve your English.	Thursday	1.00pm -3.00pm	FREE FOR ALL
Bereavement Group	A supportive group led by Lesley, a chance to share, listen and laugh.	Alternate Thursdays Please check dates in Programme	1.00pm - 3.00pm	FREE FOR MEMBERS NM: £2
Mindfulness	Join us for a Mindfulness Class and take time to relax, unwind and let everyday stresses fade away through calming breathwork, gentle movement and meditation. All are welcome, no experience is necessary.	Thursday	1.30pm - 2.30pm	MEMBERS: £5 NM: £7
NEW - Men's Coffee Morning	Pop along for a chat or to seek support alongside other men, and enjoy a complimentary cup of tea or coffee.	Thursday	11.00am - 12.00pm	£1 FOR ALL
PC Pals	If you need assistance with computers or mobile phones, feel free to schedule your session	Friday	10.00am - 1.00pm	FREE FOR ALL
Memory Loss Art Class	Funded Art Workshop for Individuals Experiencing Memory Loss	Friday	11.00am - 12.00pm	FREE FOR ALL
The Macular Society	The Macular Society will be at The Westway once a month, focusing on different topics. In May, Age UK Surrey will be there and June will be confirmed nearer the time.	Friday Please check dates in Programme	2.00pm - 4.00pm	FREE FOR ALL

M: Member NM = Not a member of The Westway

May Programme

W/C 4th May 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 4th	TUESDAY 5th	WEDNESDAY 6th	THURSDAY 7th	FRIDAY 8th
Closed for the Bank holiday	Crafty Coffee Beans 10.00am-11.30am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30am M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
	Art for All 1.00pm-2.30pm M: £7 NM: £10	Cooking Club 1.00pm-2.00pm M: £3 NM: £5	Men's Coffee Morning 11.00am -12.00pm £1 for all	PC Pals 10.00am-1.00pm Free
	Boccia 1.15pm-3.00pm M: Free NM: £3	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	Flower Arranging 1.00pm-2.30pm M: £7.50 NM: £10	Memory Loss Art Class 11.00am-12.00pm Free
		Gardening Club 1.30pm-3.00pm Free	English as an Additional Language with Jane 1.00pm-3.00pm Free	Jive 12.00pm -1.45pm M: £5 NM: £7
		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Pilates 1.45pm-2.45am M: £7 NM: £10
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		The Macular Society 2.00pm-4.00pm Free
				Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7

M: £10
NM: £15

SUNDAY LUNCH AT THE WESTWAY

10th May 1pm-3pm

Join us for a delightful roast beef lunch, where you can enjoy the atmosphere filled with friendly faces and wonderful conversations.

BOOK NOW

May Programme

W/C 11th May 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 11th	TUESDAY 12th	WEDNESDAY 13th	THURSDAY 14th	FRIDAY 15th
Paracise with Tara 9.00am-9.45am M: £1 NM: £5	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30pm M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
Paracise with Tara 10.00am-10.45am M: £1 NM: £5	Crafty Coffee Beans 10.00am-11.30am M: Free NM: £3	Cooking Club 1.00pm-2.00pm M: £3 NM: £5	Men's Coffee Morning 11.00am -12.00pm £1 for all	PC Pals 10.00am-1.00pm Free
Chair Exercise 11.00am-11.45am M: £1 NM: £5	Art for All 1.00pm-2.30pm M: £7 NM: £10	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	Bereavement Group 1.00pm- 3.00pm Free NM: £2	Memory Loss Art Class 11.00am-12.00pm Free
Music With Ellie 1.30pm-3.00pm M: Free NM: £3	Boccia 1.15pm-3.00pm M: Free NM: £3	Alison's Wellbeing Social 2.00pm - 3.00pm Free	English as an Additional Language with Jane 1.00pm-3.00pm Free	Jive 12.00pm-1.30pm M: £5 NM: £7
		Gardening Club 1.30pm-3.00pm Free	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Pilates 1.45pm-2.45pm M: £7 NM: £10
		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761		Sewing Group 2.00pm-4.00pm £2 for all
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7

May Programme

W/C 18th May 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 18th

TUESDAY 19th

WEDNESDAY 20th

THURSDAY 21st

FRIDAY 22nd

Paracise with Tara 9.00am-9.45am M: £1 NM: £5	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30pm M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
Paracise with Tara 10.00am-10.45am M: £1 NM: £5	Crafty Coffee Beans 10.00am-11.30am M: Free NM: £3	Cooking Club 1.00pm-2.00pm M: £3 NM: £5	Men's Coffee Morning 11.00am -12.00pm £1 for all	PC Pals 10.00am-1.00pm Free
Chair Exercise 11.00am-11.45am M: £1 NM: £5	Art for All 1.00pm-2.30pm M: £7 NM: £10	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	English as an Additional Language with Jane 1.00pm-3.00pm Free	Memory Loss Art Class 11.00am-12.00pm Free
Bingo 1.30pm-3.00pm £1 for all	Boccia 1.15pm-3.00pm M: Free NM: £3	Gardening Club 1.30pm-3.00pm Free	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Jive 12.00pm-1.30pm M: £5 NM: £7
		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761		Pilates 1.45pm-2.45pm M: £7 NM: £10
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7



WESTWAY CARNIVAL COSTUME WORKSHOP

Our **carnival workshops** are returning for another year. Create your own **eye-catching** outfits to wear to The **Caterham Carnival** inspired by this year's theme: **Around the World.**

Workshop Dates

**Saturday 16th, 23rd
May & 6th June
at 10.30am - 12.00pm**

May Programme

W/C 25th May 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 25th

TUESDAY 26th

WEDNESDAY 27th

THURSDAY 28th

FRIDAY 29th

Closed for the Bank holiday	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 9.00am-9.45am M: Free NM: £5	Age UK Surrey Planning for the future 9.30am-11.30am Free
	Crafty Coffee Beans 10.00am-11.30am M: Free NM: £3	Cooking Club 1.00pm-2.00pm M: £3 NM: £5	Men's Coffee Morning 11.00am -12.00pm £1 for all	PC Pals 10.00am -1.00pm Free
	Seated Exercise 10.45am-11.45am M: Free NM: £3	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	Bereavement Group 1.00pm- 3.00pm Free NM: £2	Memory Loss Art Class 11.00am-12.00pm Free
	Art for All 1.00pm-2.30pm M: £7 NM: £10	Gardening Club 1.30pm-3.00pm Free	English as an Additional Language with Jane 1.00pm-3.00pm Free	Jive 12.00pm-1.30pm M: £5 NM: £7
	Boccia 1.15pm-3.00pm M: Free NM: £3	Everybody Sing 5.00pm-6.30pm M: Free NM: £5	Mindfulness 1.30-2.30pm M: £5 NM: £7	Pilates 1.45pm-2.45pm M: £7 NM: £10
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7

Join us at The Caterham Street Party

Visit our stall at the **Caterham Street Party** on **Sunday 31st May** from **1.00pm** to find out more about The Westway and our latest activities.

Don't miss out on our **Chocolate Tombola.**



June Programme

W/C 1st June 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
Paracise with Tara 9.00am-9.45am M: £1 NM: £5	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30pm M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
Paracise with Tara 10.00am-10.45am M: £1 NM: £5	Crafty Coffee Beans 10.00am-11.30am M: Free NM: £3	Cooking Club 1.00pm-2.00pm M: £3 NM: £5	Men's Coffee Morning 11.00am -12.00pm £1 for all	PC Pals 10.00am-1.00pm Free
Chair Exercise 11.00am-11.45am M: £1 NM: £5	Art for All 1.00pm-2.30pm M: £7 NM: £10	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	English as an Additional Language with Jane 1.00pm-3.00pm Free	Memory Loss Art Class 11.00am-12.00pm Free
Music With Billie 1.30pm-3.00pm M: Free NM: £3	Boccia 1.15pm-3.00pm M: Free NM: £3	Gardening Club 1.30pm-3.00pm Free	Flower Arranging 1.00pm-2.30pm M: £7.50 NM: £10	Jive 12.00pm-1.30pm M: £5 NM: £7
		Children's Art Classes 4.00pm-5.00pm Contact Viv 07940 598 761	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Pilates 1.45pm-2.45pm M: £7 NM: £10
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7



WESTWAY FAMILY FUN DAY

Saturday 20th June

2.00pm-5.00pm

Enjoy a musical afternoon with workshops to explore various instruments such as trumpets, wind chimes, and see if you can become a budding musician. You may even have an opportunity to perform with one of bands Prospero, Rewind Band, Westway Singers, and the East Surrey Drummers. At 5.00pm there will be a grand finale!

June Programme

W/C 8th June 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 8th	TUESDAY 9th	WEDNESDAY 10th	THURSDAY 11th	FRIDAY 12th
Paracise with Tara 9.00am-9.45am M: £1 NM: £5	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30pm M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
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Chair Exercise 11.00am-11.45am M: £1 NM: £5	Seated Exercise 10.45am-11.45am M: Free NM: £3	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	Bereavement Group 1.00pm- 3.00pm Free NM: £2	Memory Loss Art Class 11.00am-12.00pm Free
Music With Steve 1.30pm-3.00pm M: Free NM: £3	Art for All 1.00pm-2.30pm M: £7 NM: £10	Gardening Club 1.30pm-3.00pm Free	English as an Additional Language with Jane 1.00pm-3.00pm Free	Jive 12.00pm-1.30pm M: £5 NM: £7
	Boccia 1.15pm-3.00pm M: Free NM: £3	Alison's Wellbeing Social 10.30am-12.00pm Free	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Pilates 1.45pm-2.45pm M: £7 NM: £10
		Children's Art Classes 4.00pm-5.00pm Contact Viv 07940 598 761		The Macular Society 2.00pm-4pm Free
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7

Saturday 9th May & 13th June

10:30 am-1:00 pm

The Westway Centre, 25 Chaldon Road, CR3 5PG

**CATERHAM
REPAIR CAFE**

Got electricals, furniture, toys, or anything in need of TLC? The Caterham Repair cafe have friendly volunteers who will repair them for free (you only pay for major parts).

Donations welcome for The Westway Centre & Caterham Food Bank.

June Programme

W/C 15th June 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 15th

TUESDAY 16th

WEDNESDAY 17th

THURSDAY 18th

FRIDAY 19th

Paracise with Tara 9.00am-9.45am M: £1 NM: £5	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30pm M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
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Bingo 1.30pm-3.00pm £1 for all	Art for All 1.00pm-2.30pm M: £7 NM: £10	Gardening Club 1.30pm-3.00pm Free	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Jive 12.00pm-1.30pm M: £5 NM: £7
	Boccia 1.15pm-3.00pm M: Free NM: £3	Children's Art Classes 4.00pm-5.00pm Contact Viv 07940 598 761		Pilates 1.45pm-2.45pm M: £7 NM: £10
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		Sewing Group 2.00pm-4.00pm £2 for all
				Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7

June Programme

W/C 22nd June 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 22nd

TUESDAY 23rd

WEDNESDAY 24th

THURSDAY 25th

FRIDAY 26th

Paracise with Tara 9.00am-9.45am M: £1 NM: £5	Seated Exercise 9.45am-10.45am M: Free NM: £3	Music in Mind 10.30am-11.45am M: Free NM: £3	Line Dancing 10.30am-11.30pm M: £5 NM: £7	Sing and Sign 10.00am-12.00pm Please contact 07812 734 448
Paracise with Tara 10.00am-10.45am M: £1 NM: £5	Crafty Coffee Beans 10.00am-11.30am M: Free NM: £3	Cooking Club 1.00pm-2.00pm M: £3 NM: £5	Men's Coffee Morning 11.00am-12.00pm £1 for all	PC Pals 10.00am-1.00pm Free
Chair Exercise 11.00am-11.45am M: £1 NM: £5	Seated Exercise 10.45am-11.45am M: Free NM: £3	Short Mat Bowls 1.15pm-3.00pm M: Free NM: £3	Bereavement Group 1.00pm-3.00pm Free NM: £2	Memory Loss Art Class 11.00am-12.00pm Free
Music With Sam 1.30pm-3.00pm M: Free NM: £3	Art for All 1.00pm-2.30pm M: £7 NM: £10	Gardening Club 1.30pm-3.00pm Free	English as an Additional Language with Jane 1.00pm-3.00pm Free	Jive 12.00pm-1.30pm M: £5 NM: £7
	Boccia 1.15pm-3.00pm M: Free NM: £3	Children's Art Classes 4.00pm-5.00pm Contact Viv 07940 598 761	Mindfulness 1.30pm-2.30pm M: £5 NM: £7	Pilates 1.45pm-2.45pm M: £7 NM: £10
		Everybody Sing 5.00pm-6.30pm M: Free NM: £2		Children's Art Class 4.00pm-5.00pm Contact Viv 07940 598 761
				Tai Chi 4.30pm-5.30pm M: £5 NM: £7

Space for Hire



Event Space for All Occasions

Whether you're planning a child's birthday party, a business meeting, or a wedding, we have the perfect space for every event.

- Complimentary Wi-Fi
- Onsite parking
- Outdoor area
- Accessible restroom
- Access to a small kitchen
- Licensed premises



For more information or to make a reservation, please contact us at info@thewestway.com.

June Programme

W/C 29th June 2026

Westway
Exercise

Westway
Entertainment

Westway
Craft

Westway
Wellbeing

External
Provider

MONDAY 29th

Paracise with Tara
9.00am-9.45am
M: £1 NM: £5

Paracise with Tara
10.00am-10.45am
M: £1 NM: £5

Chair Exercise
11.00am-11.45am
M: £1 NM: £5

Music With Sally
1.30pm-3.00pm
M: Free NM: £3

TUESDAY 30th

Seated Exercise
9.45am-10.45am
M: Free NM: £3

Crafty Coffee
Beans with The
Salvation Army
10.00am-11.30am
M: Free NM: £3

Seated Exercise
10.45am-11.45am
M: Free NM: £3

Art for All
1.00pm-2.30pm
M: £7 NM: £10

Boccia
1.15pm-3.00pm
M: Free NM: £3

WEDNESDAY 1st

Music in Mind
10.30am-11.45am
M: Free NM: £3

Cooking Club
1.00pm-2.00pm
M: £3 NM: £5

Short Mat Bowls
1.15pm-3.00pm
M: Free NM: £3

Gardening Club
1.30pm-3.00pm
Free

Children's Art Classes
4.00pm-5.00pm
Contact ViV
07940 598 761

Everybody Sing
5.00pm-6.30pm
M: Free NM: £2

THURSDAY 2nd

Line Dancing
10.30am-11.30pm
M: £5 NM: £7

Men's Coffee
Morning
11.00am-12.00pm
£1 for all

English as an
Additional Language
with Jane
1.00pm-3.00pm
Free

Mindfulness
1.30pm-2.30pm
M: £5 NM: £7

FRIDAY 3rd

Sing and Sign
10.00am-12.00pm
Please contact
07812 734 448

PC Pals
10.00am-1.00pm
Free

Memory Loss Art
Class
11.00am-12.00pm
Free

Jive
12.00pm-1.30pm
M: £5 NM: £7

Pilates
1.45pm-2.45pm
M: £7 NM: £10

Children's Art Class
4.00pm-5.00pm
Contact ViV
07940 598 761

Tai Chi
4.30pm-5.30pm
M: £5 NM: £7

The Westway Gin Festival

Saturday 11th July
2.30pm-6.00pm

More Details
to Follow



Weekends at the Westway



Event	Date & Time	Details	Booking Info
Repair Cafe	Saturday 9 th May Saturday 13 th June 10:30am - 1:00pm	Need something fixed? Bring it along to the repair cafe to be fixed by a repair expert whilst you enjoy some tea and cake!	Donations Welcome No Booking Required
Children's Art Class	Saturday 2 nd , 9 th , 16 th , 23 rd , May Saturday 6 th , 13 th , 20 th , 27 th June 10:30am - 11:30am	Art class for children 5+.	Book directly: with Viv on 07940 598761
Prospero Theatre	Saturday 2 nd May Saturday 20 th June 2:30pm - 5:30pm	Come along to a create and make session with Prospero	Just come along
Sunday Worship	Every Sunday except Sun 10/5 10:00am Coffe and chat Worship Starts -10.30am	Join us for a collective worship	Just come along



CPS

Caterham Property Services

First call for Kitchens & Bathrooms

- Specialists in Bathrooms
- Specialists in Kitchens
- Interior & Exterior Decoration
- Tiling
- Electrical & Plumbing Work
- Carpentry

Fully insured - Free estimates - No job too small

Paul Lehec 07808 061422 - 01883 340648
 caterhamps@gmail.com  @caterhamps
 29 Nelson Road, Caterham, CR3 5PP

Westway Lunch Club – May




































M: £7

NM: £9

Join us every weekday at 12:00pm for a *freshly prepared two course meal and good company. We serve hot meals daily, with the option of a Panini or hot meal on Wednesdays. A vegetarian option is always available, just let a member of our team know.

To help us prepare your meal fresh, please book your meal at least 24 hours in advance.

*meals are subject to change

Monday 04/05	Tuesday 05/05	Wednesday 06/05	Thursday 07/05	Friday 08/05
Closed for Bank Holiday	Lasagne with Garlic Bread  	Honey Mustard Chicken with Vegetables  	Sticky Pork with Rice  	Boeuf Bourguignon with Mash  
Monday 11/05	Tuesday 12/05	Wednesday 13/05	Thursday 14/05	Friday 15/05
Curry with Rice   	Fish Pie with Vegetables  	Giant Yorkshire Pudding, with beef. Served with Roast potatoes & vegetables  	Sausage and Bean Bake 	Chicken with Orzo pasta and Garlic Bread  
Monday 18/05	Tuesday 19/05	Wednesday 20/05	Thursday 21/05	Friday 22/05
Fish and Chips   	Roast Chicken, Roast Potatoes and Vegetables 	Cottage Pie and Vegetables 	Pork wrapped in Parma Ham with Rosemary Potatoes and Peas 	Macaroni Cheese with Garlic Bread  
Monday 25/05	Tuesday 26/05	Wednesday 27/05	Thursday 28/05	Friday 29/05
Closed for Bank Holiday	Ploughmans Lunch   	Kebabs, Pitta Bread, Coleslaw and dips   	Chicken Pasta Bake  	Fish Traybake with New Potatoes 

Puddings to Include:

- Banoffee Pie
- Swiss Roll
- Eton Mess
- Bread and Butter Pudding
- Seasonal Crumbles
- Trifle
- Sponges
- Traybakes
- Summer Pudding

Allergy Information



Please keep us informed about any allergies you may have, so we can ensure your safety.



We deliver Monday to Friday between 12:00 – 12:30 Covering Caterham, Chaldon, Whyteleafe and Warlingham

The Westway's Meals on Wheels service, delivers directly to your door Monday to Friday Lunchtimes! Providing delicious hot, homecooked meals straight to your home, making life easier, giving you peace of mind, and providing strong nutrition.

Enquire Today!

 01883 347230

 info@thewestway.org








































Westway Lunch Club - June

M: £7

NM: £9

Join us every weekday at 12:00pm for a *freshly prepared two course meal and good company. We serve hot meals daily, with the option of a Panini or hot meal on Wednesdays. A vegetarian option is always available, just let a member of our team know.

To help us prepare your meal fresh, please book your meal at least 24 hours in advance.

Monday 01/06	Tuesday 02/06	Wednesday 03/06	Thursday 04/06	Friday 05/06
Giant Yorkshires filled with Sausages. Served with Vegetables  	Creamy Chicken Pasta Bake with Garlic Bread  	Fish Burgers with Salad and Dips 	Beef Curry with Rice and Naan 	Moussaka and Salad
Monday 08/06	Tuesday 09/06	Wednesday 10/06	Thursday 11/06	Friday 12/06
Pork Wrapped in Parma Ham with Rosemary Potatoes and Vegetables 	Chicken Pie with Mash and Vegetables 	Butter Bean and Chorizo Stew with Bread 	Fishcakes with New Potatoes and Salad 	Lasagne and Garlic Bread  
Monday 15/06	Tuesday 16/06	Wednesday 17/06	Thursday 18/06	Friday 19/06
Pork & Apple Burgers with wedges 	Salmon Wellington, New Potatoes and Peas  	Boeuf Bourguignon with mash  	Chicken Tacos with Flavored Rice and Coleslaw  	Sausage Casserole with Mash  
Monday 22/06	Tuesday 23/06	Wednesday 24/06	Thursday 25/06	Friday 26/06
Ploughmans Lunch   	Chicken Pie with Mash and Vegetables  	Kebabs Coleslaw, dips and Pitta Bread  	Fish and Chips and mushy peas  	Chilli and Rice 
Monday 29/06	Tuesday 30/06	Wednesday 01/07	Thursday 02/07	Friday 03/07
Curry, Rice and Naan Bread  	Fish Traybake with New Potatoes 	Quiche with New Potatoes and Salad 	Chicken Cacciatore with Roast Potatoes and Bread 	Gammon with Parsley Sauce and Calcannon mash   

Puddings to Include:

- Banoffee Pie
- Swiss Roll
- Eton Mess
- Bread and Butter Pudding
- Seasonal Crumbles
- Trifle
- Sponges
- Traybakes
- Summer Pudding

Allergy Information



Please keep us informed about any allergies you may have, so we can ensure your safety.

***meals are subject to change**

Additional Services

Hairdressing

Monday: Lynda
Thursday: Janet

To book: 01883 347230

CASH ONLY



Podiatry

Monday: Sonya
Tues & Wed: Sheena

To book: 07713 339802



Ear Wax Clinic

Thursday

To book: 07824 160363
info@smarterwax.co.uk



East Surrey Dial A Ride



Monday to Friday

Providing a door to door transport for people who have difficulty using public transport.

To book: 01883 349001

Salvation Army

Everybody
Welcome

Call: 01883 330718

caterham@salvationarmy.org.uk



Rachel Reynolds School of Dance

Monday, Tuesday, Thursday
Dance Classes for young people and adults

Call: 07878 161246

www.rachaelreynoldsdance.com



Caterham Repair Cafe



A repair cafe is a free event where people fix broken items with volunteer help. See if your item can be fixed.

Contact:

caterham.repair.cafe@gmail.com

Sing & Sign



Friday Mornings

Communicate with your baby, learn fun songs and meet mums in our area.

Call: 07812 734448

annarichardson@singandsign.co.uk
www.singandsign.co.uk

Children & Family Health



NHS Health & Wellbeing
Services for Families

Contact

www.hrcaregroup.com

Age UK Surrey



General housework, light meal preparation and championship. Get in touch with Janet or Jennie below.

Call: 01883 343095

caterham.office@ageuksurrey.org.uk

Men in Sheds



Our wonderful, hard - working team creates a variety of handcrafted items, now available for sale.

Contact 01883 347 230 for more information

Legal Advice with Christopher

Receive free legal advice on Friday mornings with Christopher Anderson.

Book a consultation at The Westway Reception Desk

Contact The Westway

25 Chaldon Road, Caterham CR3 5PG

01883 347230

www.thewestway.org

info@thewestway.org



Scan for more Info

